



Santa Barbara Chapter



Have you Heard?

HLAA-SBC.org

Next Chapter Meeting

Saturday, December 13
10am - 12pm
Lending Library
Holiday Potluck Social
Wood Glen Hall
3010 Foothill Road
Santa Barbara, CA 93105

Our December chapter meeting will include a chapter lead presentation, a raffle, and our annual Holiday Potluck Social.

Presentation

Did you know that we have a chapter library? Our lending library has been growing the last few years and we have an awesome selection of hearing loss books, videos and literature. We'll have all our books with us and show you how easy it is to borrow one.

We will also take a quick look at how you can find hearing loss information on ours and HLAA's website.

Membership Raffle

In celebration of HLAA's 35th anniversary, we will be raffling a one year membership to HLAA at our December meeting. Tickets will be given as you sign-in. We'll announce the winner number after our presentation.

The winner will receive a certificate that needs to be completed and returned to us. We'll use this to process your HLAA membership and

submit it with the fee. You can upgrade your membership to 3 or 5 yr membership or to a couple membership and pay only the incremental difference.

Already have a 3 or 5 year membership, no worry, you can gift your winning membership someone else. HLAA Memberships make an excellent gift.

Holiday Potluck

We will have our annual holiday potluck social following our presentation and raffle. Please feel free to bring a favorite dish or snack to share. We'll provide coffee, juice and water.

Our meetings are captioned and our meeting room is hearing looped.

Directions to Wood Glen Hall.

- From the 101, take the Mission Street exit and drive east toward the mountains.
- Travel four blocks, and turn left onto State Street.
- Drive about $\frac{3}{4}$ of a mile to the first light at Alamar Avenue.
- Turn right and drive about $\frac{1}{2}$ mile to Foothill Road. Go through the traffic light, Wood Glen is the first building on the right.

Please use street parking, unless you are disabled. When using the parking lot, park on the right side or in the disabled parking spot.

The Gift of HLAA

HLAA Membership:

If you are looking for a great gift for a hard-of-hearing friend or family member, consider giving the gift of a HLAA Membership. Or, if you are currently not a HLAA Member, considering adding a membership to your own holiday wish list. See the attached membership gift letter you can give to your recipient.

There are many benefits to being an HLAA member. To read the 2014 Annual Impact Report, which highlights all HLAA has done this last year, go here

<http://www.hearingloss.org/about-us/annual-report-and-financials>

HLAA Memberships:

<http://hearingloss.org/content/join>



Gift Donations

Have everything you need or want, consider putting a donation to HLAA or our local chapter on your wish list. Supporting HLAA helps our organization continue its mission of opening the world of communication to people with hearing loss by providing information, education, support and advocacy.

HLAA Donations:

<http://hearingloss.org/content/make-donation-online>

SB Chapter Donations:

<http://hlaa-sbc.org/donate/>

HLAA-SBC is affiliated with the Hearing Loss Association of America, an international organization dedicated to opening the world of communication to people with hearing loss by providing information, education, support and advocacy. We are a non-profit and non-sectarian.



The Holidays and Hearing Loss

The Holidays are often very challenging for those of us with a hearing loss. Trying to communicate in noisy environments, with multiple people talking, can leave us feeling stressed, depressed and left out

HCAA has some great articles on making it through the holidays with hearing loss, that are very helpful. <http://www.hearingloss.org/content/make-it-through-holidays>.

The first article, "How were your holidays", by Sam Trychin PhD., focuses on those that avoid social situations. If you considering avoiding the holidays this year, this article is well worth reading.

The second article, "Holiday Madness: Tips from Arlene", by Arlene

Romoff discusses seven communication tips to help get you through the holidays.

Both articles originally appeared in the Hearing Loss Magazine.

In addition to these articles, is a HCAA webinar transcript on "Surviving the Holidays with Hearing Loss" with Sam Trychin, PhD. Sam is licensed psychologist. He has hearing loss himself and specializes in teaching strategies for improving communication for people who have hearing loss and their communication partners.

The two articles will be available at our December meeting for those who are not on the internet.

HCAA News

HCAA, along with the National Association of the Deaf (NAD), the Association of Late Deafened Adults (ALDA), the Alexander Graham Bell Association for the Deaf and Hard of Hearing (AG Bell) signed an agreement with the National Association of Theater Owners (NATO), which it has filed with the Department of Justice (DOJ). The agreement sets forth a set of recommendations to the DOJ to improve access to movies for the deaf and hard of hearing patrons.

To read more about this historical agreement and how it will impact movies in the future, go to <http://www.hearingloss.org/content/hcaa-signs-historic-agreement-movie-captioning-0>

CTAP & Chapter Information

CTAP

California Telephone Access Program (CTAP) Field Office

Where: Independent Living Resource Center at 423 West Victoria

When: 2nd & 4th Wednesday of every month

Time: 9-12 and 1-3.

(805) 963-0595. No appointment needed. Visit CTAP website for an application

[http://ddtp.cpuc.ca.gov/uploadedFiles/New_Navigation_Structure/Applications/EnglishCertForm\(1\).pdf](http://ddtp.cpuc.ca.gov/uploadedFiles/New_Navigation_Structure/Applications/EnglishCertForm(1).pdf)

or pick one up at our monthly chapter meeting.

How to follow us

Facebook: [Hearing Loss Association of America, Santa Barbara Chapter](#)

Website: <http://HCAA-SBC.org>

Tax Deductible Donation

We are a non profit 501(3)(C) organization and all donations to our chapter are tax deductible. You can mail donations to:

HCAA, Santa Barbara Chapter
c/o Mary Kohler
PO Box 91
Carpinteria, CA 93014

Or make a PayPal donation via our website. <http://hcaa-sbc.org/donate/>

Fundraising Programs

iGive.com— Hearing Loss Association of Santa Barbara.

Ink Cartridge Recycle Program: Bring your used ink cartridges to our monthly meetings.

Chapter Information

Steering Committee

President: Cherie Alvarez

Vice-President: Jazmin Kildare

Treasurer: Mary Kohler

Secretary: Claire Sanford

Board Member: Claudia Herczog

Contact Information

HCAA, Santa Barbara Chapter
PO Box 91
Carpinteria, CA 93014

Phone: 805-563-1097

Email: info@hcaa-sbc.org

Website: www.HCAA-SBC.org

KEYT Closed Captioning

To file a compliant or compliment

Phone: (805) 882-3912

Email: captioning_complaints@keyt.com

Website:

<http://www.keyt.com/about/closed-captioning>



Join HCAA: <http://www.hearingloss.org/content/join>