



Program Meetings:

No meeting in July 2013

No meeting in August 2013

Committee Meetings:

August 2013– TBD

All are welcome to attend our Committee meetings. Please contact Claudia or Bonnie for more specific meeting dates.

Steering Committee:

Co-Leaders: Bonnie Adams, Claudia Herczog

Treasurer: Carol M. Smith

Recording Secretary: Claire Sanford

Corresponding Secretary: Nan Cisney

Public Relations: Mary Kohler

Committees:

Hospitality: Pat Porter

Newsletter: Cherie Alvarez

Facebook & Electronics: Jazmin Kildare

Directions to Wood Glen Hall 3010 Foothill Road

- From 101 take the Mission Street exit and drive east toward the mountains.
- Travel four blocks, and turn left onto State Street.
- Drive about ¾ of a mile to the first light at Alamar Avenue.
- Turn right and drive about ½ mile to Foothill Road. Go through the traffic light, Wood Glen is the first building on the right.
- See below parking tips..

Parking Tips

- Come early to give yourself time to park and get comfortable.
- Think green & carpool if you can.
- Call Easy Lift at 681-1181 in advance for transportation. Rides cost about \$7 round-trip.
- Parking in the parking lot is reserved for disabled only. Please park in disabled or visitor parking spots.
- Parking on the street has no time limits.

Join HLA

Membership of our national organization is \$35 annually for an individual (\$95 for three years and \$140 for five years). You will receive 6 issues of Hearing Loss Magazine, Information, support, & access to a network of many other hard of hearing (HOH) individuals. Please remember you are not alone.
<http://www.hearingloss.org/content/join>

HLASB Chapter Meeting Saturday, June 8

Chapter Update & Potluck Social

10AM - 12PM at Wood Glen Hall Library

3010 Foothill Road, Santa Barbara

Our June meeting will include both a chapter update and a potluck social to celebrate the end of a very successful 2012/2013 program year.

Our chapter has been running at full speed since our February Looping meeting. We would like to take some time to regroup at our June meeting, introduce our new Steering Committee and talk a little about our 2013/2014 program. We will also discuss our chapter and how it fits with the HLA National Organization and HLA memberships.

While our chapter has changed quite a bit over the years, the reasons it was started over 30 years ago remains the same– to give those living with hearing loss, along with their family and friends, a place to go to get support, find information about the latest technologies and resources, and to

empower them to improve the quality of their lives.

Though our chapter will begin in September with some new leaders, our goals and dreams have not changed, they have been passed on, with a strong belief that our goals and aspirations will continue to grow.

Please join us at our June meeting, meet our new Steering Committee members, and enjoy each others company. If you have never attended one of our meetings, this would be a great meeting to start.

You're invited to bring a favorite dish or dessert to share. Our meeting will be captioned and our meeting room is looped.

See you June 8.

Looping Santa Barbara

• Do you have trouble hearing at your bank, at government offices (e.g. social security), or at ticket booths like the bus - train-airport stations? What about at your doctors office, retail counters, car rentals or the library? Did you know that there are self-contained portable loop systems that are perfect for counter tops? These systems include a microphone, and can be used with ranges between 3-4 feet. We will be demonstrating a portable loop at our meeting sign-in table. So be sure to turn on your t-coil when you arrive.

• A reminder that Otojoy has started a priority list of Santa Barbara venues we, the hard-of-hearing community, would like to see looped. This is an opportunity for

your voice to be heard from the comforts of your own home. Please take a few minutes to fill out their brief survey.
<https://www.surveymonkey.com/s/sbloops>

• We continue to work with the Ensemble Theatre regarding looping. Our petition was submitted for consideration.

• Campbell Hall at UCSB, the largest lecture and recital hall on the campus, will be getting looped soon.

• The University Club of Santa Barbara is now looped. Located at 1332 Santa Barbara Street. The facilities at the University club are used for meetings and social events, including weddings.

CTAP

California Telephone Access Program (CTAP) Field Office is at the Independent Living Resource Center at 423 West Victoria on the 2nd & 4th Wednesday of every month between 9-12 and 1-3. (805) 963-0595. No appointment needed. Visit CTAP website for an application [http://ddtp.cpuc.ca.gov/uploadedFiles/New_Navigation_Structure/Applications/EnglishCertForm\(1\).pdf](http://ddtp.cpuc.ca.gov/uploadedFiles/New_Navigation_Structure/Applications/EnglishCertForm(1).pdf) or pick one up at our monthly chapter meeting.

HLA/SB Fundraising Programs

iGive.com: Join iGive and turn your shopping & searching into donations for Hearing Loss Association of Santa Barbara. It's free to join.

Ink Cartridge Recycle Program: Bring your used ink cartridges to our monthly meetings and Bonnie Adams will recycle them at Staples for \$2 store credit to help buy needed chapter supplies.

**How to reach us**

For further information about our chapter, please contact one of our co leaders:

Claudia: 684-2788 / czog16@gmail.com
Bonnie: adams@silcom.com

Monthly Newsletter

To receive this newsletter by email, provide suggestions or comments, or to submit an article for inclusion, please contact: Cherie Alvarez at chalvarez@cox.net.

Follow us on Facebook

Like us on Facebook and keep up to date on what is happening in the Hearing Loss world. You can find us as **Hearing Loss Association of Santa Barbara** or click the below link.

<https://www.facebook.com/pages/Hearing-Loss-Association-of-Santa-Barbara/179522682073745?ref=ts&fref=ts>

Join Our Yahoo Discussion Group

<http://health.groups.yahoo.com/group/HLAA-SB/>

Tax Deductible Donation

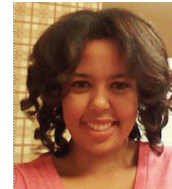
We are a non profit 501(c)(3) organization and all donations to our chapter are tax deductible. We must rely on the generosity of our Chapter members to provide the kind of support that you all deserve. You can mail donations to our treasurer

HLASB

c/o Carol Smith
9 Solana Court
Santa Barbara, CA 93109-1046

HLASB Member Profile

- Name:** Jazmin Kildare
- How severe is your hearing loss?** Moderate on the left, none on the right.
- What device(s) do you use for hearing?** None on a regular basis.
- How long have you had a hearing loss?** Six years.
- What type of hearing loss do you have?** Progressive.
- Hearing Loss Cause?** Meniere's
- How long have you been a member of the HLAA/HLASB?** Two years. I attended the ice cream social at Maravilla for the phones in August 2011.
- What is an advantage of your hearing loss?** I am much more sensitive to the various needs and methods of communication for my patients. I am an awesome listener...when I can hear.
- What is the most challenging aspect of your hearing loss?** With a fluctuating, progressive hearing loss, it can be very difficult to explain to people that I have good days and bad days. I also have the other symptoms of Meniere's (vertigo attacks, tinnitus), but it comes and goes. Luckily I have learned a lot of great tips for self advocacy from the awesome people at HLA Santa Barbara and LA.
- Can you hear on the phones? If not, how do you compensate?** I have trouble on cell phones, so I ask people to text, email, or Skype with me.
- What kind of work do you do or did you do (if retired)?** I'm an EMT, Emergency Medical Technician.
- Where did you grow up?** Born, raised and attended university in beautiful Santa Barbara.
- In my spare time?** I volunteer with the Medical Reserve Corp and Doctors Without Walls.
- My hobbies are?** I have just started getting into Krav Maga with a wonderful studio that has been more than happy to accommodate me in any way they can.
- One of my short term goals is?** Getting to know some other young adults at HLAA convention in Portland.
- Favorite quote, saying, or motto?** There are two types of food in this world, those that go with chocolate and those that go with cheese. -anon

**My Journey to a Cochlear Implant**

By Cherie Alvarez

My last mapping for my second CI was on May 22. it was the best appointment yet for this ear. We were able to pinpoint and get rid of the high pitched sounds I'd been hearing. My two CIs are in better unisons now. Though my clarity is not as good as my first CI, there is a definite improvement and sound is become clearer. In talking with other CI users, I believe my experience with my second CI is similar to what many people experience. I'm very lucky my first CI started out so well. Though my second is requiring a little more time, patience, and practice, I am getting there.

My one year anniversary for my first CI is just three weeks away. I can't help but reflect on how much my life has changed this last year. Though I feel I'd dealt with my hearing loss pretty well most of the time, I did have times when I struggled with it too.

Times when I deeply mourned my loss and all the things I was missing. Times I feared my future as my hearing continued to decline. These feelings are gone now.

This last year, its the million little things added together that have changed my life - long talks with my daughters, listening to books on tape, talking to people without fear, and the singing birds. My CIs have taken 15 years of hearing loss away from me. I've been given a second chance. And I'm living that second chance with a deep sense of appreciation and with a very humble heart.

This journey has been incredible and I look to the future with great hope, instead of fear. Thank you for letting me share my CI Journey with you this last year and a half. Thank you to my HLASB friends. You rock!